# The Ridge The Court of the Cour





**Sport Relief** 

Issue 6











Sport Relief is a charity event from Comic Relief, in association with BBC Sport, which brings together the worlds of sport and entertainment to raise money to help vulnerable people in both the UK and the world's poorest countries.

We took part in the Team Ridge Sport Relief learner vs staff challenge to help raise money. Learners and staff competed to see how many minutes we could spend on the bike and rowing machine in the common room.

Learners -300 minutes
Staff- 378 minutes
Combined total of 11 hours 30 mins











We would like to thank everyone who took part and donated towards such a great cause.





Sponsor = £147
Merchandise = £222
Game on £28.00
Donations £17.00



## £414 raised

Turn to the next page to found out more





SY – "I liked doing rowing."

JS – "I liked doing a poster about Sports Relief."

JA – "I liked doing the bike."

PB – "I liked going on the bike."

TT - "Going on rowing."

BS- "I like helping other learners."





## Sport Relief

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### **Sport Relief words**

- \* sport
- \* relief
- \* donate
- \* team
- \* bike
- \* rowing
- \* help
- \* world
- \* game
- \* challenge









#### After College Club

In September 2017 we launched the 'After College Clubs'.

After College Club operates 4 nights a week, 3 hours a night and provides learners and graduates the opportunity to have fun in a safe and friendly environment.

Monday - Thursday 3 pm until 6 pm.



The Ridge and Beyond is a platform for supporting learners, parents and carers in raising awareness of available support beyond college. This includes care in the community, local social care providers and youth groups. These can be accessed by learners who are still at college or who have graduated



A fun adventure, major challenge and a wide range of activities offer endless possibilities to anyone aged 14 to 24. Millions of young people in the UK have already taken part in the world's leading youth achievement award – pushing personal boundaries, gaining new skills and enhancing their CVs and university applications..